

# Padre Pio Fraternity

Brothers and Sisters of St. Francis Region  
Secular Franciscan Order of Central  
North Carolina

## *the little flowers of Padre Pio Fraternity*

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November 2024

### Minister's Memo

by Rachel Bongiorno, OFS, Vice-Minister



### Padre Pio Fraternity “*Come and See*” Sunday October 27, 2024

A warm heartfelt thank you to all of our brothers and sisters who helped make our “Come and See” a welcoming and joyful event. We had twenty- two guests! The Holy Spirit is certainly wonderful. We pray that those who feel inclined to join in our vocation come back and walk with us on this journey.

A special thank you to our Minister, Sharon Winzeler, OFS, our Regional Minister, Ellen Ferrone, OFS, Fr. Hugh Macsherry, OFM, Gladys Whitehouse, OFS, Maureen Copan, OFS, Zubair Simonson, OFS, Eyram Klu, OFS, and Richard and Alma Hammer, OFS for their talks and testimonies. We also thank our musicians Marianne Norris, OFS, Dave Abell, OFS, Michael Hancock, OFS and our cantor, Char Witosky, OFS for their talents!

## Fraternity Council

Spiritual Assistant: Fr. Hugh Macsherry, OFM

Minister: Sharon Winzeler, OFS

Vice Minister: Rachel Bongiorno, OFS

Formation Director: Gladys Whitehouse, OFS

Treasurer: Janette Perez, OFS

Secretary: Mary Cockrill, OFS

Councilors:

Richard Hammer, OFS

Travis Bongiorno, OFS

Anne Evangelista, OFS

BSSF Region Minister: Ellen Ferrone, OFS

Area 3 Councilors:

Lee Cunningham, OFS &

Betti Pettinati-Longinotti, OFS

Our Website: [ofscentralnc.org](http://ofscentralnc.org)

Facebook: Padre Pio Fraternity Secular

Franciscan Order of Central North Carolina

## Apostolates

JPIC: Theresa Flynn, OFS

Newsletter & Facebook: Rachel Bongiorno, OFS

Oak City Cares:

Mary Cockrill, OFS

On-going Formation Team:

Mercedes Cooley, OFS

Prayer Requests:

Deacon Phil Rzewnicki, OFS

CPO & Fraternity Library: Maureen Copan, OFS

Website: Sharon Winzeler, OFS

Hospitality:

Maureen McFadden, OFS & Alma Hammer, OFS

Sunshine: Laurie Wilburn, OFS

We welcome those who would like to learn more about the Secular Franciscans.

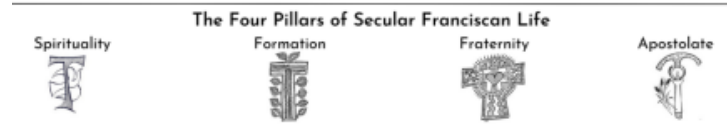
Join us for our monthly gatherings on the fourth Sunday of each month,

beginning at 2:30 p.m. Location:

Founders Room at St. Francis of Assisi

Catholic Church, 11401 Leesville Rd.,

Raleigh, North Carolina.



*Happy Birthday*

1 Barbara Redzich, OFS

7 John Price, OFS

9 Janette Perez, OFS

19 Lee Cunningham, OFS

30 Ginny Conway, OFS

## Profession Anniversaries

Marie Bianca, OFS

11/13/1984

Char Witosky, OFS

11/26/1989

Zubair Simonson, OFS

11/15/2015

Laurie Wilburn, OFS

11/15/2017

Shannon Brooks, OFS

11/17/2017

## Sharing Our Blessings – Turkey Day is Coming!

by Deacon Phil Rz., OFS

### Domestic vs. Wild Turkey – Same Species However Quite Different

The turkey is one of the earliest animals domesticated and raised for food in America. Historical writings and artifacts show that Native Americans domesticated turkeys as early as 25 A.D., well before European exploration. Explorers took domesticated turkeys back to Europe from central America in the early 1500s, which started modern farm-raised birds.

There are five subspecies of wild turkey in the U.S.: the Eastern, Rio Grande, Merriam's, Osceola (Florida) and Gould's. They have become different to each other because they are found in different areas and mostly breed only with their same subspecies.

When farmers first started breeding turkeys, they were similar to their wild turkey counterparts. Unlike in the wild where breeding is random, farmers could pick and choose which turkeys they wanted to keep to breed. They would save the biggest, meatiest birds and after thousands of generations, they have gotten to where we are today.

Among domesticated turkeys, there are also several subspecies which have different characteristics. Some are more resistant to disease or grow quicker, but generally commercially bred turkeys have white plumage. This white coloration is from massive inbreeding that occurred and the small little feathers that remain after processing are harder to see when white.

Farmers wanted bigger and fatter birds producing more meat. Today's domesticated turkeys are unable to fly due to their size. (Wild turkeys can fly at speeds up to 40 to 50 mph and up to about 100 yards.) Farmers have bred the birds to have larger breasts and bigger legs. Their legs are thicker and stockier than their wild cousins. Domestic birds are more tender and typically are blander in taste. Wild turkeys have more blood flow in their muscles causing the meat to be darker.

Domestic turkeys are harvested as early as 12 weeks up to 16 weeks and will weigh between 20 and 35 pounds alive. Wild turkeys at that age are barely 5 pounds.

Minnesota is the leading producer of domesticated turkeys at around 40 million birds per year, followed by North Carolina at 29 million.

Domestic turkeys rarely have full beards because they are clipped off by other birds.

Source: The National Wild Turkey Federation

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## Real Care

The great secret of the spiritual life, the life of the Beloved Sons and Daughters of God, is that everything we live, be it gladness or sadness, joy or pain, health or illness, can all be part of the journey toward the full realization of our humanity. It is not hard to say to one another: "All that is good and beautiful leads us to the glory of the children of God." But it is very hard to say: "But didn't you know that we all have to suffer and thus enter into our glory?" Nonetheless, real care means the willingness to help each other in making our brokenness into a gateway to joy.



## Traditional Franciscan Calendar

### November – Month of the Holy Souls in Purgatory

1. Feast of All Saints – Holy day of Obligation
2. Commemoration of all of the Faithfully Departed
3. Bl. Helene Enselmini
4. St. Charles Borromeo
5. Feast of the Saints Relics
6. Bl. Marguerite de Lorraine
7. Bl. Raynier d'Arezzo
8. Bl. Jean Duns Scot
9. Bl. Gabriel Ferritti
10. Bl. Louis Guanella
11. Bl. Marie-Crucifixe
12. Bl. Jean de la Paix
13. St. Didace d'Alcala
14. St. Nicolas Tavelic and Companions
15. Bl. Sebastien de Jesus
16. St. Agnes of Assisi
17. Bl. Jeanne de Signa
18. Bl. Salomee de Cracovie
19. St. Elizabeth of Hungary
20. Bl. Migagos Ortells
21. Feast of the Presentation of the Holy Virgin Mary
22. Bl. Salvator Lilli
23. Bl. Marie de Jesus Bon Pasteur
24. Bl. Timothy Trajonowski
25. Bl. Gumble de Bisignano
26. St. Leonard de Port-Maurice
27. St. Francois-Antoine Fasani
28. St. Jacques de la Marche
29. Saints of the Seraphic Order
30. Bl. Antoine Bonfandini

## The Pope's Prayer Intentions

### For Those Who Have Lost A Child

Let us pray that all parents who mourn the loss of a son or daughter find support in their community, and may receive peace of heart from the Spirit of Consolation.

### Prayer Requests Oak City Cares

Quincy- help to continue staying away from addiction.

Paul- to stay close to God.

Elliot- to finish two years of probation so he can return to Miami, FL.

Ted- to improve his health.

May the Lord bless us and keep us

May God shine his face upon us  
and be gracious to us.

May God look upon us with kindness,  
and give us peace. Amen.

And may almighty God bless us,  
in the name of the Father, and the Son,  
and the Holy Spirit. Amen.

### SAVE THE DATE

Padre Pio Fraternity Annual Day Retreat  
Founder's Room  
December 7, 2024

\*Sign-ups coming soon\*



# Transitus of St. Francis of Assisi

## Thursday October 3, 2024



Thank you to Anne Evangelista, OFS, Zubair Simonson, OFS, and Michael Hancock, OFS for taking photos for us.